

CLUSTER provides services in four major program areas:

- ◆ Mental Health Residential Services
- ◆ Westchester & Rockland Mediation Centers
- ◆ Youth and Family Programs
- ◆ Housing Resource Center

Tom Roth

President,
CLUSTER Board of Directors

Kristina Yamin

Executive Director

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Newsletter Editor

CLUSTER's Mission is "to provide services and programs that assist residents in Yonkers and Westchester & Rockland Counties to build a better future for themselves and their communities."

COMMUNITY SERVICES CLUSTER

28 Wells Ave., 4th Floor, Yonkers, NY 10701 ◆ 914-963-6440 ◆ www.clusterinc.org



*We have
a New
Address*

CLUSTER is on the Move!

On July 2nd CLUSTER opened its doors to their new offices. CLUSTER's new home is located at 28 Wells Ave. on the 4th Floor. CLUSTER's mailing address, P.O. Box 1248 as well as our telephone number 914-963-6440, extensions, and fax number 914-963-4556, will all remain the same.

The former Otis Elevator Building is also home to the Department of Labor and Senator Andrea Stewart Cousins. The open airy office space features four conference rooms, a kitchen, lounge area, and lots of great staff office space.

Executive Director, Kristina Yamin stated "the staff is excited about our new space, and we look forward to welcoming the community into our new office".

Correction

CLUSTER would like to apologize and correct an item misplaced in our Spring 2018 Newsletter.

Greg & Kathyrn Werlinich were incorrectly listed under the Chairman's Club (\$5000+) in our Donor Thank you Listing. They should have appeared under the Founder's Circle (\$10,000+).

Our most sincere apologies to our great friends and supporters.

In Control of our Health



Yesenia Vazquez and Brigette Price, present Clifton Sapp with his Certificate of Completion for the Diabetes Self-Management Program.

On June 8th 4 CLUSTER participants graduated from the Diabetes Self-Management Program. These workshops are facilitated by CLUSTER in collaboration with Westchester Medical Center Performing Provider System (WMCPPS). Participants attended the workshops two and one half days per week for six weeks.

Individuals with Type 2 diabetes participated in this interactive workshop to learn how they could help manage their illness and maintain their blood sugar in a healthy range. Participants learn portion control by following recommendations from the American Diabetes Association (ADA) on healthy eating. They also learn the importance of exercising, reading food labels and counting carbs, fats, and sugar in foods.

We will be conducting more Diabetes workshops throughout the year, with the next one starting in mid-July. Everyone is welcome to attend and can recommend the workshops to others who may benefit from attending.

Happy Summer!



The next few months are exciting and challenging times for CLUSTER.

In a few weeks our summer

day camp swings into action. CLUSTER's Day camp is held at a school in South West Yonkers. This year the program has been revitalized, with more emphasis on music, dance, swimming, sports, field trips, and community engagement activities.

And, after many years at 20 South Broadway, at the end of June CLUSTER is moving its offices to 28 Wells Avenue in the iPark office complex located just behind the Riverfront Library in downtown Yonkers. Our new location will provide easy and convenient access for our clients and consumers. And our staff will enjoy a much-improved office setting.

Now more than ever, we need to build the community of CLUSTER supporters. If you are not already a CLUSTER supporter, I invite you to join us; our website, www.clusterinc.org, explains how you can do this. If you are already a CLUSTER supporter, I sincerely hope you will consider an incremental step in your support. And, just as important, please tell a friend about your support for CLUSTER and ask them to join us. Together we accomplish so much.

Tom Roth
President,
Board of Directors

There's No Place Like Home

It has taken a VERY LONG time, but the renovation work at the Goerlich House is almost complete! On the outside we have a brand new facade and roof. On the inside, there is now a beautiful kitchen and laundry room. Plus all the Bedrooms and Bathrooms have been redone. There are some last minute items, but the new furniture has been ordered, and what we need now is YOUR help! Please review the list then go to Boon Supply Co. and make your purchases. Boon Supply Co. donates fifty percent of the profits directly to CLUSTER. Help us make Goerlich House a home for the 12 individuals who live here.



Kitchen: The Kitchen turned out gorgeous, and we have a brand new dining room table and chairs on the way. Now what we need is:

Dishes – 16 place settings

Cutlery – 16 place setting

Kitchen linens – towels, placemats, potholders
Industrial size pots for soup, pasta, stew, etc.

Roasting pans, baking pans,
Serving platters, bowls and utensils

Small kitchen appliances: Toaster oven,
blender, food processor,

Miscellaneous Kitchen – trivets, spice rack, salt and pepper shakers, food storage containers.

Bathrooms: Each bathroom has been totally redone.

Shower curtains

Towels & washcloths

Bath mats

Den/TV room: New furniture will be coming for this room, but this room especially is a gathering spot, so coziness and comfort are key.

Throw cushions

Coffee tables

Lamps

Artwork

Living Room: There is a lot of living that goes on in this room.

We meet here and have parties here.

Coffee Table and End Tables

Lamps

Artwork

Bedrooms: There is nothing like a cozy comfy bedroom.

It is everyone's refuge. All the bedrooms have been redone.

Sheets and blankets

Comforter sets

Pillows

Lamps



Laundry Room: We have a beautiful new laundry room, with state of the art washers and dryers

Storage shelving

Table for folding

Laundry baskets

Indoor drying rack

And, because you can't spend all your time indoors

Patio furniture

Tables with chairs

New grill

Outdoor games, i.e., horseshoes, croquet, bean bag toss.



CLUSTER Celebrates the Arts

On May 8th, CLUSTER held a Poetry Evening at Urban Studio Unbound. Among the beautiful artwork residents from the Goodbody House who worked on the Anthology of Voices, read their poetry as part of CLUSTER Celebrates the Arts. Residents and staff read from the Anthology, under the guidance of David Surface our Author in Residence who, through the support of Arts Westchester, helped individuals find their voice and artistic expression.

CLUSTER would like to thank, all of the residents who wrote and performed their work, all the staff and our many supporters, who helped make this a lovely evening for everyone. Special Thanks to David Surface and Urban Studio Unbound



CLUSTER staff was on hand to Celebrate the Arts, and cheer on those who were part of the Anthology of Voices.



CLUSTER Celebrates the Arts: Clifton Sapp reads his poetry at the Urban Studio Unbound.

SUMMER CAMP 2018



Children enjoying the first day of swimming at Tibbets Park. This summer is the first time the camp is utilizing an outdoor pool. Several CLUSTER Study Buddy's became certified Life Guards, so that they could work at Tibbets on days when CLUSTER is there.





28 Wells Ave., 4th Floor
Yonkers, NY 10701

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CURRENT OCCUPANT

Save the Date

Annual Harvest Tasting

This great evening will feature fabulous food, delicious drinks, a live and silent auction, a wine pull and many other surprises.

Thursday, October 25th, 2018

6:00 PM – 9:00 PM • At Peter X. Kelly's X20

As we Honor

Charles Gardner
Commissioner,
Yonkers Police
Department

Jeanne Martinelli
Director of Marketing,
Yonkers Chamber of
Commerce

Deborah A. Smith
Senior Vice President
Wells Fargo Foundation



**Sponsorship
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available. For
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